

# PARENTLINE



**PARENTLINE COLORADO** is a free telebehavioral health service offering brief, strategic psychotherapy through video chat and telephone to pregnant and postpartum families with children up to age five. This program is being piloted by the Infant and Early Childhood Mental Health Specialty at the University of Denver's Graduate School of Professional Psychology.



## OUR TEAM STRIVES TO:

- Provide user-friendly and high-quality mental health services
- Reach communities that don't have easy access to mental health services for expecting families or families with young children
- Reduce potential barriers including cost, stigma, childcare, geographic distance, transportation, and language as the service will be initially offered in English and Spanish



FOR MORE INFORMATION  
CONTACT US AT

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